

January 2019

Lunch Menu

Jemez Mountain Schools

MENU IS SUBJECT TO CHANGE WITHOUT NOTICE

SALAD BAR IS AVAILABLE DURING ALL LUNCH PERIODS

	Monday	Tuesday	Wednesday	Thursday	Friday
		1 *****	2 WINTER BREAK	3 *****	4 ***** 
7	TEACHER PREP DAY	8 Ham & Cheese Sandwich WW Bun Sweet Potato Fries Applesauce Milk Choice	9 Sloppy Joe WW Bun Italian Blend Vegetables Fresh Fruit Milk Choice	10 Chicken Patty Sandwich Lettuce/Tomato Baked Beans Orange Wedges Milk Choice	11 Chile Beans Baked Potato Wedges Tortilla Chilled Pears Milk Choice
14	Hamburger on WW Bun Sliced Cheese Baked Beans Romaine Lettuce/Tomato Fruit Slushie Milk Choice	15 Beef/Broccoli Chow Mein Steamed Rice Fresh Pineapple Milk Choice	16 Baked Chicken Mashed Potatoes/Gravy Biscuit Buttered Corn Fresh Apple Milk Choice	17 Frito Pie Shredded Cheese Carrot Sticks/Ranch Dressing Chilled Mixed Fruit Milk Choice	18 ENERGY DAY
21	HOLIDAY	22 Pepperoni Pizza Spinach Salad Chilled Pears Milk Choice	23 Chicken Nuggets Mac and Cheese Italian Mixed Vegetables Fresh Orange Milk Choice	24 Spaghetti W/ Meat Sauce Breadsticks Green Beans Ice Cream Cup Milk Choice	25 Chicken Enchilada Pinto Beans Tortilla Apple Crisp Milk Choice
28	Chile Dog French Fries Veggie Sticks/Ranch Dressing Fresh Apple Milk Choce	29 Beef Stew Corn Bread Chilled Peaches Milk Choice	30 Pulled Pork Sandwich Potato Salad Jell-O W/ Mixed Fruit Milk Choice	31 Bean & Cheese Burrito Red Chile Tortilla Chips/Salsa Rice Pudding Milk Choice	

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January 2019

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Breakfast Menu

Jemez Mountain Schools

Monday	Tuesday	Wednesday	Thursday	Friday
	1 *****	2 WINTER BREAK	3 ***** 	*****
7 TEACHER PREP DAY	8 Pancake on a Stick Syrup Diced Peaches Milk Choice	9 Scrambled Eggs Tortilla Salsa Fresh Fruit Milk Choice	10 French Toast Sticks Syrup Fruit Juice Milk Choice	Ultimate Breakfast Round Apple Slices Peanut Butter Cup Fruit Juice Milk Choice
14 Breakfast Pizza Diced Pears Celery Sticks/Peanut Butter Cup Milk Choice	15 Waffles/Syrup Cold Cereal Sliced Apples Fruit Juice Milk Choice	16 Pancakes Blueberry Craisins Assorted Cold Cereal Fruit Juice Milk Choice	17 Cinnamon/Raisin Bagel Chilled Peaches Yogurt Milk Choice	18 ENERGY DAY
21 HOLIDAY	22 Oatmeal Graham Crackers String Cheese Fruit Juice Milk Choice	23 Cheese Stick Golden Graham Cereal Applesauce Cup Milk Choice	24 Sausage Patty/Biscuit Hash Brown Patty Fresh Fruit Milk Choice	25 Frosted Mini Wheats Yogurt Fruit Juice Milk Choice 
28 Blueberry Muffin Yogurt Orange Juice Milk Choice	29 Quesadilla Salsa Apple Wedges Milk Choice	30 Bacon Breakfast Pizza Diced Pears Milk Choice	31 English Muffin Honey Nut Cheerios Grapefruit Halves Milk Choice	

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